

# Exploring a Career in Music Therapy

## FREE EDUCATIONAL SESSIONS FOR MIDDLE & HIGH SCHOOL STUDENTS

Inspire students interested in music, science, and helping professions.

Colorado State University Music Therapy is offering free, customizable career exploration sessions for middle and high school students. Sessions may be delivered live via Zoom, in person for schools in Northern Colorado, or as a recorded informational video for flexible, on-demand use.

### SESSION OPTIONS

**Length:** 10–60 minutes (customized to your schedule)

**Format:** Interactive presentation or pre-recorded video **Audience:** Middle & high school students

### TOPICS MAY INCLUDE:

What is music therapy? • Where do music therapists work? • Education and training pathways  
Music, neuroscience, and health • College preparation for students interested in music therapy

### ABOUT CSU MUSIC THERAPY

Colorado State University's Music Therapy program prepares students for impactful careers using music to support health, learning, and well-being across diverse populations. Grounded in science and clinical practice, the program emphasizes inclusive, culturally responsive approaches to music-making and therapeutic engagement. Students do not need prior training in classical instruments to pursue music therapy at CSU—musical backgrounds may include voice, guitar, piano, percussion, technology-based music, or global and popular music traditions. The program values creativity, curiosity, and a desire to help others, and supports students in developing the musical, clinical, and professional skills needed for success in music therapy.

### IDEAL FOR

CAREER DAYS • MUSIC CLASSES • CAREER COUNSELING • STEM/STEAM INITIATIVES  
COLLEGE AND CAREER READINESS EVENTS

### SCHEDULE A SESSION

**Contact:** CSU Music Therapy Faculty [csumusictherapy@colostate.edu](mailto:csumusictherapy@colostate.edu) (970) 491-4042



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[music.colostate.edu/music-therapy](https://music.colostate.edu/music-therapy)

SESSION REQUEST FORM

